

# Publikationsliste

Including performance level lowers prevalence of non-time-loss groin injury. A cross-sectional study in 383 female amateur football players.

**Langhout RRFH, Tak IJR.**

Phys Ther Sport. **2019 Nov**;40:225-230. doi: 10.1016/j.ptsp.2019.09.013. Epub 2019 Oct 2.

Hip and groin injury is the most common non-time-loss injury in female amateur football.

**Langhout R, Weir A, Litjes W, Gozeling M, Stubbe JH, Kerkhoffs G, Tak I.**

Knee Surg Sports Traumatol Arthrosc. **2019 Oct**;27(10):3133-3141. doi: 10.1007/s00167-018-4996-1. Epub 2018 Jun 2.

The effect of compression shorts on pain and performance in male football players with groin pain - A double blinded randomized controlled trial.

**Otten R, Stam S, Langhout R, Weir A, Tak I.**

Phys Ther Sport. **2019 Jul**;38:87-95. doi: 10.1016/j.ptsp.2019.04.013. Epub 2019 Apr 25.

The decline step-down test measuring the maximum pain-free flexion angle: A reliable and valid performance test in patients with patellofemoral pain.

**Ophey MJ, Bosch K, Khalfallah FZ, Wijnands AMMP, van den Berg RB, Bernards NTM, Kerkhoffs GMMJ, Tak IJR.**

Phys Ther Sport. **2019 Mar**;36:43-50. doi: 10.1016/j.ptsp.2018.12.007. Epub 2018 Dec 17.

Active pelvic tilt is reduced in athletes with groin injury; a case-controlled study.

**Van Goeverden W, Langhout RRFH, Barendrecht M, Tak IJR.**

Phys Ther Sport. **2019 Mar**;36:14-21. doi: 10.1016/j.ptsp.2018.12.011. Epub 2018 Dec 26.

Injury Risk and Injury Burden Are Related to Age Group and Peak Height Velocity Among Talented Male Youth Soccer Players.

**Bult HJ, Barendrecht M, Tak IJR.**

Orthop J Sports Med. **2018 Dec** 11;6(12):2325967118811042. doi: 10.1177/2325967118811042. eCollection 2018 Dec.

Manual therapy and early return to sport in football players with adductor-related groin pain: A prospective case series.

**Tak I PhD, MScPT, Langhout R MMT PT, Bertrand B MScPT, Barendrecht M MPTS, Stubbe J PhD, Kerkhoffs G PhD, MD, Weir A PhD, MBBS.**

Physiother Theory Pract. **2018 Oct** 11:1-10. doi: 10.1080/09593985.2018.1531096.

Risk Factors for Groin Injury and Groin Symptoms in Elite-Level Soccer Players: A Cohort Study in the Dutch Professional Leagues.

**Langhout R, Tak I, van Beijsterveldt AM, Ricken M, Weir A, Barendrecht M, Kerkhoffs G, Stubbe J.**

J Orthop Sports Phys Ther. **2018 Sep**;48(9):704-712. doi: 10.2519/jospt.2018.7990. Epub 2018 May 23.

Infographic. Is lower hip range of motion a risk factor for groin pain in athletes? A systematic review with clinical applications.

**Tak I**, Pope D, Engelaar L, Gouttebarga V, Barendrecht M, Van den Heuvel S, Kerkhoffs G, **Langhout R**, Stubbe J, Weir A.

Br J Sports Med. **2018 Aug**;52(16):1022-1023. doi: 10.1136/bjsports-2017-098535. Epub 2018 Feb 15.

Hip and groin pain in athletes: morphology, function and injury from a clinical perspective.

**Tak IJR**.

Br J Sports Med. **2018 Aug**;52(16):1024-1025. doi: 10.1136/bjsports-2017-098618. Epub 2018 Jan 25. No abstract available.

Assessment of cam morphology of the hip with ultra sound imaging by physical therapists is reliable and valid.

Mandema L, **Tak I**, Mooij B, Groeneweg R, Bakker E, van Veldhoven P.

Phys Ther Sport. **2018 Jul**;32:167-172. doi: 10.1016/j.ptsp.2018.04.007. Epub 2018 Apr 14.

The Dutch Hip and Groin Outcome Score: Cross-cultural Adaptation and Validation According to the COSMIN Checklist.

**Tak I**, Tijssen M, Schamp T, Sierevelt I, Thorborg K, Kerkhoffs G, Stubbe J, van Beijsterveldt AM, Haverkamp D.

J Orthop Sports Phys Ther. **2018 Apr**;48(4):299-306. doi: 10.2519/jospt.2018.7883.

Translation, Cross-cultural Adaptation, and Validation of the Dutch International Hip Outcome Tool-33 (iHOT-33 NL) in Young, Physically Active Individuals With Symptomatic Hip Joint Pathology.

Tijssen M, **Tak I**, Stubbe J, Haverkamp D, de Visser E, Nijhuis-van der Sanden M, van Cingel R.

J Orthop Sports Phys Ther. **2018 Apr**;48(4):289-298. doi: 10.2519/jospt.2018.7610. Epub 2018 Mar 16.

Liesklachten bij profvoetballers in Nederland

van Beijsterveldt, A. M. C., **Tak, I. J. R.**, **Langhout, R. F. H.**, Engelbert, R. F. H., Stubbe, J. H.

Sport en Geneeskunde, Vol. **2018**, No. 1, p.18-23. ISSN 1874-6659.

Is lower hip range of motion a risk factor for groin pain in athletes? A systematic review with clinical applications.

**Tak I**, Engelaar L, Gouttebarga V, Barendrecht M, Van den Heuvel S, Kerkhoffs G, **Langhout R**, Stubbe J, Weir A.

Br J Sports Med. **2017 Nov**;51(22):1611-1621. doi: 10.1136/bjsports-2016-096619. Epub 2017 Apr 21. Review.

Range of motion of body segments is larger during the maximal instep kick than during the sub-maximal kick in experienced football players.

**Langhout R**, **Tak I**, van der Westen R, Lenssen T.

J Sports Med Phys Fitness. **2017 Apr**;57(4):388-395. doi: 10.23736/S0022-4707.16.06107-7. Epub 2016 Mar 30.

A new clinical test for measurement of lower limb specific range of motion in football players: Design, reliability and reference findings in non-injured players and those with long-standing adductor-related groin pain.

**Tak IJ, Langhout RF**, Groters S, Weir A, Stubbe JH, Kerkhoffs GM.

Phys Ther Sport. **2017 Jan**;23:67-74. doi: 10.1016/j.ptsp.2016.07.007. Epub 2016 Jul 31.

Timing characteristics of body segments during the maximal instep kick in experienced football players.

**Langhout R**, Weber M, **Tak I**, Lenssen T.

J Sports Med Phys Fitness. **2016 Jul-Aug**;56(7-8):849-56. Epub 2015 Jul 1.

Hip Range of Motion Is Lower in Professional Soccer Players With Hip and Groin Symptoms or Previous Injuries, Independent of Cam Deformities.

**Tak I**, Glasgow P, **Langhout R**, Weir A, Kerkhoffs G, Agricola R.

Am J Sports Med. **2016 Mar**;44(3):682-8. doi: 10.1177/0363546515617747. Epub 2015 Dec 16.

The relationship between the frequency of football practice during skeletal growth and the presence of a cam deformity in adult elite football players.

**Tak I**, Weir A, **Langhout R**, Waarsing JH, Stubbe J, Kerkhoffs G, Agricola R.

Br J Sports Med. **2015 May**;49(9):630-4. doi: 10.1136/bjsports-2014-094130. Epub 2015 Jan 7.

Ultrasound characteristics of the lateral retinaculum in 10 patients with patellofemoral pain syndrome compared to healthy controls.

Schoots EJ, **Tak IJ**, Veenstra BJ, Krebbers YM, Bax JG.

J Bodyw Mov Ther. **2013 Oct**;17(4):523-9. doi: 10.1016/j.jbmt.2013.03.005. Epub 2013 Apr 26.